



Fresh, Friendly and Local – Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

VISIT US ON FACEBOOK  @PowellsNL



View our flyer online at
www.powellsnl.ca



\$3⁷⁷
PER LB.
\$8.31/KG.

Fresh Country Ribbon Value Pack Bone-In
Split Chicken Breast



\$13⁹⁹
PER LB.
\$30.85/KG.

Cut From AA or Higher Grades Beef Value Pack
T-Bone Grilling Steak



\$3⁹⁹
PER LB.
\$8.80/KG.

Fresh
Pork Side Ribs



\$2⁷⁹
PER LB.
\$6.15/KG.

5kg Average Sous Chef
Seasoned Turkey

2/\$4⁸⁸



500ml
Diana
Sauce

\$1⁹⁹
HEAD



Product of Canada
Romaine Lettuce

\$3⁸⁸



375-500ml E.D. Smith Regular or NSA
Triple Fruit Jam

2/\$1⁵



12x355ml
Coke or Pepsi & Flavours,
AHA, Dasani or Bubly **Water**

\$5⁹⁹



1.28kg
Imperial
Soft Margarine

\$1⁷⁷



398ml Bush's
Baked Beans

2/\$4



600ml Catelli
Garden Select
Pasta Sauce

2/\$5⁵⁰



570g Dempster's Holsum **Bread Buns** or
8pk Hotdog or Hamburger **Buns**

\$3⁸⁸
PER LB.
\$8.55/KG.



Product of US
Cherries

\$3⁹⁹



300-380g
Selected General Mills
Cereal

\$9⁷⁷



3lt Unico
Vegetable Oil

PRICES ARE IN EFFECT JULY 3-9, 2025

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
3	4	5	6	7	8	9

\$2⁹⁹

67-120g JMS Lunchmates

\$4⁸⁸

350g Purity Tea Vees

\$6⁸⁸

8x93ml Danino Drinkable Yogurt

\$5⁸⁸

454g Swift Premium Cooked Ham

\$11⁸⁸

4roll Bounty Paper Towels 4-6

\$3⁸⁸

900g Catelli Pasta

\$12⁸⁸

404-502g Piatto@Home Pizza

\$6⁸⁸

890ml Hellmann's Mayonnaise

\$7⁸⁸

320-400g Cracker Barrel Cheese Bars or Shreds

\$7⁴⁴

850g Kraft Cheese Pizza Mix

2/\$6⁵⁰

180g Selected Christie Ritz Crackers

2/\$4⁸⁸

398ml Hunt's Manwich Sauce

3/\$5

1lt Graves Apple Juice

\$2⁹⁹

398ml Delmonte Fruit

\$2⁸⁸

250g Minue Rice RTS

\$1⁸⁸

354ml Dairy Isle Regular or 2% Evaporated Milk

\$4⁴⁴

1.8lt Arctic Power Laundry Detergent

\$14⁸⁸

10kg Robin Hood Flour

\$5⁸⁸

1.5lt Scotsburn Family Favourites Ice Cream or 12ct Ice Cream Sandwiches

\$4⁹⁹

828-946ml Nestle Coffee Mate Liquid

\$5⁸⁸

72ct Tetley Tea Bags

\$4⁸⁸

475ml Kraft Sandwich Spread

\$9⁹⁹

12ct Royale Bathroom Tissue Double Roll

2/\$4⁴⁴

156g Maple Leaf Flakes of Meat

Powell's Supermarket

Community Corner

We sell & Fill helium balloons!

Did you know that Powell's Bay Roberts sells and fills helium balloons?! We have a large selection of balloons for special occasions including birthdays, anniversaries, showers and so much more! Ask us about our big "number" balloons and our balloon bouquets.

We are your one-stop party shop! Grab your cake, greeting cards and balloons at your local Powell's!

2/\$5

6pk Selected Hostess Snacks



Your Newfoundland Butcher

\$7⁹⁹
PER LB.
\$17.62/KG.



Cut From AA or Higher Grades Beef Value Pack Boneless
Inside Round Marinating Steak

\$7⁹⁹



900g Larssen
Wieners

\$3⁹⁹
PER LB.
\$8.80/KG.



Tray Pack Frozen
Turkey Wings

\$3⁹⁹
PER LB.
\$8.80/KG.



Fresh Boneless
Pork Sirloin Chops

\$9⁹⁹



1kg Sunrise
Baby Bologna

\$12⁹⁹



1.75kg Atlantic's Best
Salt Riblets

\$10⁹⁹



510g Leadbetter's Muskoka
Smash Burger

\$4⁹⁹
PER LB.
\$11.00/KG.



Tray Pack Atlantic's Best
Homestyle Puddings

\$7⁹⁹
PER LB.
\$17.62/KG.



Made From Fresh
or Frozen Portions Value Pack
Lean Ground Beef

2/\$3



113g
Frozen
Beef Liver

\$9⁹⁹



695g Maple Leaf Prime
Chicken Wings

\$5⁹⁷



375g
Maple Leaf
Bacon

\$4⁹⁹



250g Sunrise
Salami or Pepperoni Stick

\$6⁷⁷



300g
Maple Leaf
Fully Cooked
Sausage Rounds or Links



Deli

\$2⁹⁹



250g Chris Brothers
Sandwich Pack

\$3⁹⁹



250g Chris Brothers
Polish, Garlic or Maple Sausage

\$2⁴⁹
PER 100G



Store Sliced Deli Classic
Cooked Roast Beef

\$12⁴⁹



1200g Instore Family Size
Picnic Combo Salad



From the Sea

\$8⁹⁹



400g Mirabel
Cooked Shrimp

\$5⁹⁹

4oz Quinlan
Crab Au Gratin



\$9⁹⁹



700g
High Liner
Family Pack
Fish Sticks

\$12⁹⁹
PER LB.
\$28.64/KG.



Fresh Atlantic
Salmon Fillets

FRESH. FRIENDLY. LOCAL

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FRESH. FRIENDLY. LOCAL



Fresh Produce

\$6⁹⁹
HEAD



Product of Canada
Cauliflower

\$3⁹⁹
PER LB.
\$8.80/KG.



Product of US
Nectarines

\$3⁹⁹
PER LB.
\$8.80/KG.



Product of Canada
Red Pepper

\$4⁹⁹
PER LB.
\$11.00/KG.



Product of US
Plums

\$1²⁹
BUNCH



Product of Mexico
Green Onions

\$1³⁹
PER LB.
\$3.06/KG.



Product of US
Watermelon Pieces



\$5⁹⁹



3lb Product of Canada
Red Delicious Apples

\$6⁹⁹
PER LB.
\$15.41/KG.



Product of Canada
White Mushrooms

\$2⁶⁹



2lb Product of Canada
Yellow Onions

\$6⁹⁹



3lb Product of Egypt
Oranges

\$2⁷⁹
PER LB.
\$6.15/KG.



Product of Canada
Hot House Tomatoes

FRESH. FRIENDLY. LOCAL



Dairy

\$3⁸⁸



225g Cool Whip
Aerosol

2/\$4⁸⁸



226g Pillsbury
Crescent Rolls

\$4⁹⁹



129g Black Diamond
Combos

\$5⁷⁷



180g Armstrong
Combos

FRESH. FRIENDLY. LOCAL



Frozen

\$3⁴⁴



750g Cavendish
Crispy Coat Fries

\$7⁸⁸



620g Apple Valley NSA
Baked Blueberry Pie

2/\$3



295g Minute Maid
or Fruitopia
Frozen Punch

\$3⁸⁸



227g Furlani
Garlic Knots

\$15⁸⁸



48ct Kellogg's Family Size
Eggo's

\$5⁸⁸



280-338g Swanson
TV Dinners

\$3⁸⁸



250g Giuseppe
Paninis

\$5⁹⁹



540-600g McCain
Beef Taco, Cheeseburger or Pizza Pockets

FRESH. FRIENDLY. LOCAL



Bakery

\$11⁹⁹

Baked
In-Store

Watermelon
Cake



\$2⁹⁹

Sugar Free,
Fat Free
White
Bread



\$3⁶⁰

2pk Golden Crust Gracie's
Cream Donuts



\$6⁴⁹

6pk Assorted
Cupcakes

Baked
In-Store



\$2⁹⁹

\$16⁹⁹

2.5lb
Golden Crust
Ring Cakes



Baked
In-Store

Baked
In-Store

3 Bun Homestyle
White Bread



\$3⁶⁹

6pk Golden Crust
Kaiser Rolls



STARTING AT

\$6⁹⁹

Powell's Artisan
Sourdough
Bread



\$4⁶⁹

6pk Golden Crust
Plain, Raisin, Blueberry or Coconut Mandarin
Tea Buns



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\$

Smart Shopper

PRICES ARE IN EFFECT UNTIL JULY 16, 2025

\$3⁴⁹

1lt Fairlee
Pineapple
Juice



\$4⁹⁷

450g
Christie Premium Plus
Crackers



\$5⁸⁸

340g Birds
Custard Powder



2/\$7

341ml VH
Cooking Sauce



\$2⁸⁸

170ml Fussell's
Cream



\$7⁹⁹

1.2-1.4kg
Minute Rice



\$4⁷⁷

6pk Dempster's
Bagels



3/\$5

591ml
Dasani
Water



\$1⁸⁸

284ml Heinz
Tomato Soup



\$3⁹⁹

317g
Giuseppe
Garlic Fingers



2/\$6

295ml French's
Worcestershire Sauce



\$1⁸⁸

126ct Scotties
Tissues



FRESH. FRIENDLY. LOCAL

Personal
Care

\$3⁹⁹

346ml
Herbal Essence
Body Envy
Shampoo &
Bodywash



\$5⁸⁸

621ml Ivory
Bodywash



\$5²⁹

24ct
Advil
Tablets or Caplets
Regular Strength



\$6⁸⁸

20ct Graval Natural Source
Antinauseant



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Refreshments & Snacks

\$3⁸⁸



48ml Mio, Kool-Aid or Tang Water Enhancer

2/\$8⁵⁰



190-200g Miss Vickie's Potato Chips

99¢



473ml Snapple Beverage

3/\$5



62-85g Selected Hershey King Size Bars

\$3⁴⁴



200-235g Old Dutch XXL or Ridgies Potato Chips

2/\$4⁸⁸



2lt Fruite Drinks

2/\$4⁸⁸



120g Mike & Ike Candy

\$4⁴⁴



8x295g Kellogg's Nutri-Grain Bars

\$5⁴⁹



6x591ml Gatorade

2/\$4



99g Clover Leaf Snacks

\$3⁹⁹



142g Popcorners Snacks

2/\$4⁸⁸



4lt True North Water



Furry Friends

\$13⁸⁸

7lb Iams Mini Chunks With Chicken Adult Dry Dog Food



\$8⁹⁹



1.36kg Meow Mix Salmon & Chicken Cat Food

4/\$5



156g Friskies Cat Food

\$1⁹⁹



196g Smucker's Snausages Dog Treats

2/\$7



630g Pedigree Dog Food

\$3⁴⁴



170g Friskies Party Mix



House and Home

\$4⁴⁴



1.2lt Lysol Multi Purpose Cleaner

\$1⁹⁹



30m Glad Cling Wrap

\$12⁹⁹



26ct Cascade Platinum Dishwasher Tabs

\$5⁸⁸



385-946ml Scrubbing Bubbles Easy Peasy Multi-Purpose Cleaner

\$4⁷⁷



1.36lt Fleecy Fabric Softener

\$2⁸⁸



35ct Clorox Wipes Lemon Fresh

More Great Deals

\$1⁸⁸

213ml Gattuso Pizza Sauce



\$3⁹⁷



600g Dempster's Whole Grain Bread

\$4⁸⁸



946ml Royal Oak Lighter Fluid

\$3⁴⁴



72g Knorr Packets

\$11⁸⁸



10ct Starbucks K-Cups

\$2⁷⁷



400g Ambrosia Custard or Rice Pudding

\$5⁸⁸



180g Purity Salt Fish Can

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