



Fresh, Friendly and Local - Since 1948

BAY ROBERTS 709.786.2101  
CARBONEAR 709.596.6644

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# Powell's Supermarket



**\$13<sup>99</sup>**  
PER LB.  
\$30.84/KG.

Cut From AA or Higher Grades Beef Value Pack  
**Striploin Grilling Steak**



**\$5<sup>99</sup>**  
PER LB.  
\$13.21/KG.

Fresh Country Ribbon Value Pack Boneless Skinless  
**Chicken Breast**



**\$4<sup>99</sup>**

375g Leadbetter's  
**Smoked Sliced Bacon**



**\$2<sup>99</sup>**  
PER LB.  
\$6.59/KG.

Fresh Boneless  
**Pork Loin**



**2/\$4<sup>88</sup>**

340g Holiday  
**Luncheon Meat**



**\$2<sup>99</sup>**  
PER LB.  
\$6.59/KG.

Product of US  
**Fresh Cherries**

**WOW!**



**\$7<sup>97</sup>**

1.5lt Kraft  
**Miracle Whip**



**\$4<sup>99</sup>**

10lb Product of Canada  
**Red Potatoes**



**2/\$4<sup>88</sup>**

198g Heinz  
Bagel Bites  
**Pizza Snacks**



**2/\$5**

427g Imperial  
**Soft Margarine**



**\$12<sup>49</sup>**

24x355ml  
**Coke & Flavours**  
or Selected **Pepsi**



**\$3<sup>49</sup>**

1.5lt Parlour **Ice Cream**  
or 6-12pk **Novelties**



**\$3<sup>77</sup>**

317-430g  
Selected General Mills  
**Cereal**



**\$2<sup>97</sup>**

550-675g Villaggio  
Thick Sliced **Bread** or  
6-8pk Toscana **Buns**



**2/\$5**

425g Fraser Farm  
**Gravy & Meatballs**

PRICES ARE IN EFFECT JULY 17-23, 2025

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
17	18	19	20	21	22	23

**2/\$4.44**

156g Burn's  
**Flakes of Meat**

**\$4.99**

400g Purity  
**Variety Pack Cookies**

**\$12.99**

2kg Pinehill  
**Chicken Legs**

**\$1.69**

350g Green Barn  
**Yellow Split Peas**

**\$9.99**

3pk Royale  
**Tiger Towels**

**\$3.29**

247-391g  
Town House  
**Crackers**

**\$3.88**

2lt Rougemont  
**Apple Juice**

**\$23.88**

3.78lt Richardson  
**Ultimate BBQ Sauce**

**\$1.77**

199-284ml Green Giant  
**Corn**

**\$4.77**

540ml Del Monte  
**Jar Fruit**

**\$7.99**

320-400g Cracker Barrel  
**Cheese Bars or Shreds**

**\$16.99**

24ct Royale  
Double Roll  
**Bathroom Tissue**

**\$7.99**

12ct Folgers  
**K-Cups**

**\$2.77**

900g Primo  
**Pasta**

**3/\$5**

110g  
Mr Noodle  
**Bowl**

**\$3.44**

650g Cavendish  
**Hash Brown Sticks**

**\$4.44**

1.89lt Ocean Spray  
**Cranberry Cocktail**

**\$6.88**

2.5kg Robin Hood  
White, Whole Wheat  
or Best for Bread  
**Flour**

**3/\$5**

190g Swift  
**Pot Pies**

**2/\$4.44**

796ml Primo  
**Tomatoes**

**\$2.99**

67-120g  
Schneider's  
**Lunchmates**

**\$6.99**

1.18lt Crisco  
**Vegetable or Canola Oil**

**\$6.88**

4lt Old Dutch  
**Laundry Detergent**

**3/\$8**

355-473ml Sober Carpenter Non-Alcoholic  
Craft Beer or Clever Premium Mocktails

**SOFT SERVE IS BACK!**

**KIDDIE \$1.79 +TAX**

**REGULAR \$2.00 +TAX**

*Nan's Kitchen*  
Homestyle Cooking

LOCATED IN POWELL'S SUPERMARKET, BAY ROBERTS

**\$1.77**

354ml Dairy Isle  
Regular or 2%  
**Evaporated Milk**

New attractions, prizes, carnival games  
& more! Follow us on Facebook  
for all the details!

MARK YOUR CALENDARS  
**TONS OF TOONIE  
FUN**

**SATURDAY,  
AUGUST 2**

**12PM-4PM**



Powell's  
Bay Roberts



IN SUPPORT OF...

**Make-A-Wish®**  
CANADA



Come out for an afternoon of  
family fun and help grant a wish!

**Powell's**  
Supermarket



## Your Newfoundland Butcher



**\$7<sup>99</sup>**  
PER LB.  
\$17.62/KG.

Made From Fresh or Frozen Portions Value Pack

### Lean Ground Beef



**\$3<sup>99</sup>**  
PER LB.  
\$8.80/KG.

### Fresh Boneless Pork Loin Chops



**\$4<sup>99</sup>**  
PER LB.  
\$11.00/KG.

### Atlantic's Best Homestyle Puddings



**\$7<sup>99</sup>**

### 250g Maple Leaf Prepped & Ready Chicken



**\$7<sup>99</sup>**

### 900g Larsen Wieners



**\$7<sup>99</sup>**  
PER LB.  
\$17.62/KG.

Cut from AA or Higher Grades Beef

### Sirloin Tip Pot Roast



**\$12<sup>99</sup>**

### 6pk Belmont Beef Burgers



**\$7<sup>99</sup>**  
PER LB.  
\$17.62/KG.

### Quality Vac Pack Bone In Salt Beef



**\$12<sup>99</sup>**

### Maple Leaf Baby Bologna



**\$12<sup>99</sup>**

### 700g Janes Pub Style Breaded Chicken



**\$6<sup>99</sup>**

### 650g Butcher Selection Button Bones



**\$3<sup>99</sup>**  
PER LB.  
\$8.80/KG.

### Fresh Bone In Pork Butt Roast or Chops



**\$8<sup>99</sup>**  
PER LB.  
\$19.82/KG.

### Cut From AA or Higher Grades Beef Value Pack Sirloin Tip Marinating Steak



**2/\$5**

### 60g Schneider's Pepperettes

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## Deli

**\$1<sup>99</sup>**  
PER 100G



### Store Sliced Golden Maple or Harvest Creek Chicken Breast



**\$3<sup>49</sup>**

### 200g Chris Brother's Sliced Ham

**\$5<sup>99</sup>**

### 150-175g Maple Leaf Natural Selections Deli Meats



**\$12<sup>99</sup>**

### Instore Hot or Chilled Breaded Chicken Fillets



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## From the Sea



**\$5<sup>99</sup>**



### 454g Land & Sea Salt Fish Bits



**\$14<sup>99</sup>**

### 340g Comeau Bacon Wrapped Scallops



**\$5<sup>99</sup>**  
PER LB.  
\$13.21/KG.

### Store Wrapped High Liner Breaded Fish Sticks



**2/\$5**

### 120g Land & Sea Krispy Batter Mix

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## Fresh Produce

**\$5<sup>99</sup>**



3pk Product of Canada  
**Romaine Hearts**

**\$6<sup>99</sup>**



1 Pint  
Product of US  
**Blueberries**

**\$1<sup>39</sup>**  
PER LB.  
\$3.06/KG.



Product of Canada  
**Green Cabbage**

**\$4<sup>69</sup>**  
PER LB.  
\$10.34/KG.



Product of US  
**Plums**

**\$2<sup>79</sup>**



2lb Product of Canada  
**Yellow Onions**

**\$2<sup>99</sup>**  
EACH



Product of Brazil  
**Mangoes**

**\$5<sup>49</sup>**



280g  
Product of Canada  
**Grape Tomatoes**

**\$5<sup>99</sup>**



2lb Product of Morocco  
**Clementines**

**\$4<sup>59</sup>**  
PER LB.  
\$10.12/KG.



Product of US  
**Nectarines**

**\$3<sup>69</sup>**



225g  
Product of Canada  
**White Mushrooms**

**\$4<sup>69</sup>**  
HEAD



Product of Canada  
**Cauliflower**



## Dairy

**\$13<sup>88</sup>**



1.7kg Becel  
**Soft Margarine**

**\$5<sup>88</sup>**



8x100g Activia  
**Yogurt**

**\$3<sup>44</sup>**



351g  
Pillsbury RTB  
**Cinnamon Rolls With Icing**

**\$4<sup>88</sup>**



410g Black Diamond  
**Cheese Slices**



## Frozen

**\$4<sup>99</sup>**



208-232g  
Smuckers  
**Uncrustables**

**\$9<sup>88</sup>**



750g  
**Pogo Sticks**

**\$12<sup>88</sup>**



1.2kg McCain  
**Pizza Pockets**

**\$8<sup>99</sup>**



615g Schneider's  
**Chicken Wings**

**\$5<sup>44</sup>**



350g Authentic Asia  
**Curry Chicken or Wonton Shrimp Soup**

**\$3<sup>77</sup>**



326g Pillsbury  
**Toaster Strudels**

**\$5<sup>88</sup>**



368g Furlani  
**Garlic Texas Toast or 638g Garlic Parmesan Toast**

**\$4<sup>88</sup>**



520g Apple Valley  
**Lemon Meringue Pie**

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Bakery

\$11<sup>99</sup>



Orange Sherbert  
Cake

\$8<sup>99</sup>



2pk Cinnamon  
Bread

Baked  
In-Store

\$4<sup>99</sup>



12pk  
Golden Crust  
Touton Balls

\$7<sup>79</sup>



12pk Golden Crust  
Variety Pack Cookies

\$4<sup>49</sup>



6pk Golden Crust  
Marshmallow Squares

\$2<sup>99</sup>



3 Bun  
Homestyle  
White Bread

Baked  
In-Store

\$5<sup>99</sup>



8pk Golden Crust  
Fancy Cake Donuts

STARTING AT

\$6<sup>99</sup>



Powell's Artisan  
Sourdough  
Bread

\$8<sup>99</sup>



6pk Golden Crust  
Assorted Mini Loaves

Baked  
In-Store

\$

PRICES ARE IN EFFECT UNTIL AUGUST 13, 2025

Smart Shopper

\$6<sup>88</sup>



16pk  
Black  
Diamond  
Cheestrings

\$3<sup>99</sup>



350g Kraft Velveeta  
Shells & Cheese

2/\$6



85g Kraft  
Dream Whip

\$5<sup>97</sup>



454g  
Swift Premium  
Cooked Ham

\$3<sup>44</sup>



210g  
Hawkins  
Cheezies

\$4<sup>99</sup>



20pk Cavendish  
Gold Patties

\$16<sup>97</sup>



816g Folger's Classic Roast  
Ground Coffee

\$4<sup>44</sup>



136-198g  
Angie's Boom  
Chicka Pop  
Snacks

3/\$5



27.5g  
McSweeney's  
Slim Jim Sticks

\$8<sup>97</sup>



1kg Golden Maple  
Chicken Balls

3/\$5



1lt  
Coke & Flavours

\$2<sup>77</sup>



35ft Reynolds Unbleached  
Parchment Paper

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Personal  
Care

\$5<sup>29</sup>



30ct  
Aspirin  
Low Dose 81mg

\$4<sup>29</sup>



311g Gillette  
Foamy

\$5<sup>99</sup>



473ml Axe  
Bodywash

\$2<sup>88</sup>



170ct Q-Tips  
Cotton Swabs

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## Refreshments & Snacks

2/\$8<sup>50</sup>



177-235 Lay's XXL  
or Baked Potato Chips

3/\$4



1lt  
Pepsi & Flavours

\$9<sup>99</sup>



504-636g  
Old Dutch  
Variety Packs

\$5<sup>88</sup>



12x99g Snack Pack Pudding  
Family Pack

2/\$6<sup>50</sup>



142g  
Rainbow or Gummy  
Nerds Candy

3/\$5



310ml Neilson  
Shakes

\$1<sup>88</sup>



63-85g Selected Nestle  
King Size Bars

\$1<sup>44</sup>



695ml Peace  
Tea

\$3<sup>44</sup>



175g Old Dutch  
Popcorn Twists

\$5<sup>44</sup>



850g Orville  
Redenbacher's  
Popcorn Kernels

2/\$9



210-235g  
Doritos  
XL

4/\$5



1.5lt  
True North  
Spring Water

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## Furry Friends

2/\$4<sup>44</sup>



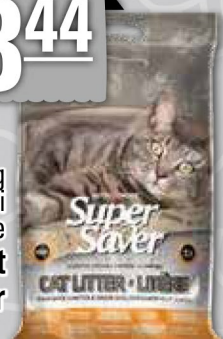
113g Milk Bone  
Soft & Chewy

\$10<sup>44</sup>



2kg  
Purina  
Cat Chow  
For All Cats

\$8<sup>44</sup>



4kg  
Nutri  
Choice  
Cat  
Litter

\$19<sup>99</sup>



7.2kg  
Alpo  
Dry  
Dog  
Food

\$1<sup>88</sup>



375g  
Pedigree  
Dog  
Food

3/\$5



85g  
Whiskas  
Temptations

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## House and Home

\$5<sup>99</sup>



765ml  
Windex  
Cleaner

\$4<sup>44</sup>



800ml  
Lestoil  
Cleaner

\$3<sup>79</sup>



10ct Glad Clear,  
Black or Blue  
74lt Garbage Bags

\$4<sup>99</sup>



473ml  
Liquid Plumr  
Hair Clog  
Eliminator

\$3<sup>99</sup>



1.6lt Old  
Dutch  
Fabric  
Softener

\$6<sup>44</sup>



16ct  
Gain  
Flings

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## More Great Deals

\$5<sup>99</sup>



1's  
Styrofoam  
Coolers

\$4<sup>77</sup>



6pk  
Dempster's  
Bagels

\$2<sup>99</sup>



190g  
Purity  
Smoked Kippers

\$7<sup>44</sup>



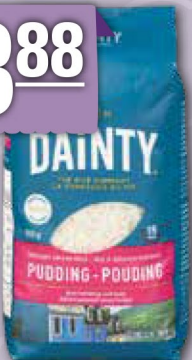
450g Kraft Velveeta  
Cheese Loaf

\$4<sup>88</sup>



500g Kraft  
Peanut Butter

\$3<sup>88</sup>



900g  
Dainty  
Short Grain Rice

\$6<sup>44</sup>



775g Red  
Baron Rising Crust  
Pepperoni Pizza

\$4<sup>77</sup>



300-320g Dad's Oatmeal  
or Peek Frean Cookies

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