


BAY ROBERTS 709.786.2101
 CARBONEAR 709.596.6644

Fresh, Friendly and Local - Since 1948
Powell's
 Supermarket

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\$6.49
 PER LB.
 \$14.31/KG.

Fresh Country Ribbon Value Pack
Boneless Skinless Chicken Breast



\$3.99
 PER LB.
 \$8.80/KG.

Frozen Bone-In
Pork Loin Roast



\$5.99
 PER LB.
 \$13.21/KG.

Cut From Canada AA or USDA Select Grades Beef
Boneless Inside Round Pot Roast



2/\$5

454g
 Golden Maple Extra Lean
Ground Turkey



\$3.99

317-437g Selected Cheerios or Oatmeal Crisp
Cereal



5/\$3.99

Size 88's Product of California
Navel Oranges



\$3.99

450g Kraft
Cheez Whiz



\$3.44

637g Imperial
Soft Margarine



3/\$5

2lt
Coke & Flavours



\$1.44

170g Clover Leaf Chunk or Flake
Skipjack Tuna



4/\$5

454g Primo
Pasta



\$1.88

425ml Campbell's
Spaghetti-O's



\$4.99

3lb Product of Canada
McIntosh Apples



\$3.88

2lt Old Dutch
Liquid Laundry Detergent



\$2.88

10x180ml Kool Aid
Jammers

PRICES ARE IN EFFECT JANUARY 2-8, 2025

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

| THURSDAY | FRIDAY | SATURDAY | SUNDAY | MONDAY | TUESDAY | WEDNESDAY |
|----------|--------|----------|--------|--------|---------|-----------|
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |



2/\$7

341ml VH Cooking Sauce



\$5.99

8pk Royale Double Roll Bathroom Tissue



\$3.77

250ml Smucker's Jam



\$14.88

10kg Robin Hood Flour



3/\$5

200g Kraft Dinner Original



\$4.88

350g Purity Tea Vees



2/\$8

6x710ml Pepsi & Flavours



\$2.88

340g Litehouse Caramel Dip



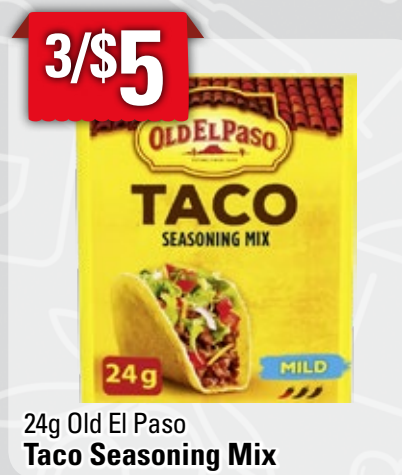
2/\$4.44

354ml Carnation Regular or 2% Evaporated Milk



\$1.77

199-284ml Green Giant Corn



3/\$5

24g Old El Paso Taco Seasoning Mix



\$5.88

450g Carnation Coffeemate



\$5.88

100-170g Nescafe or Encore Instant Coffee



\$4.77

350-450g Selected Purity Crackers



\$1.88

1lt Graves Apple Juice



3/\$5

284ml Aylmer Chicken Noodle, Vegetable or Cream of Mushroom Soup



\$4.44

4pk Dole Fruit Cups



\$8.88

3pk Royale Tiger Towels



\$7.99

1.2-1.4kg Minute Rice



2/\$5

300g Voortman Turnovers



\$5.99

320-400g Black Diamond Cheese Bars or Shreds



\$10.99

3lt Unico Vegetable Oil



\$5.88

1lt Heinz Ketchup



2/\$6.50

675g Dempster's Xtra Sandwich Bread

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You'll also find our flyer online at powellsnl.ca.

Powell's Supermarket

\$12.99

Pinehill CHICKEN LEGS

2kg Pinehill Chicken Legs



Your Newfoundland Butcher

\$8.99
PER LB.
\$19.82/KG.



Cut From Canada AA or USDA Select Grades Beef
Boneless Stew Beef



2/\$3

113g Frozen
Beef Liver



\$9.99

1kg
Sunrise
Bologna

\$4.99
PER LB.
\$11.00/KG.



Atlantic's Best
Homestyle Sausage

\$4.99
PER LB.
\$11.00/KG.



Quality Vac Pack
Scrunchions

\$5.99



375g Schneider's
Regular or
Salt Reduced
Bacon

\$27.99



5kg Frozen
**Turkey
Drumsticks**

\$3.99



375g Maple Leaf
Wieners

\$4.99



204-288g Schneider's
**Egg Bites or Breakfast
Sandwiches**

\$12.99



700g
Janes Pub Style
Breaded Chicken

\$10.99



2kg Golden Maple
**Chicken Bites
or Fingers**

\$2.99



67-120g JMS
Lunchmates

\$10.99



400-600g Maple Leaf
**Pork Tenderloin,
Rotisserie Chicken Legs or
BBQ Pulled Pork**

\$14.99



575g 44th Street Slow Cooked
Beef Pot Roast

FRESH. FRIENDLY. LOCAL



Deli

\$5.99

150-175g Maple Leaf
Natural Selections
Deli Meats



**BUY 2 GET 1
FREE**

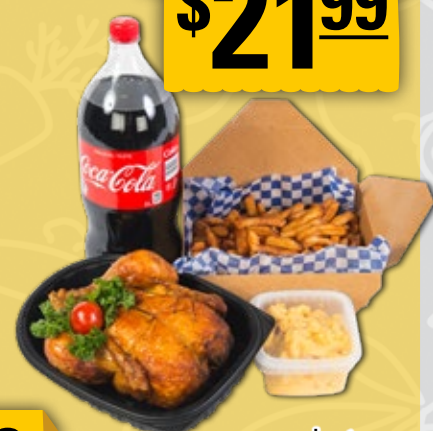
SEE IN-STORE FOR COUPON

\$2.49
PER 100G



Store Sliced Deli Classic Montreal Smoked
Beef or Pastrami

\$21.99



Instore
**BBQ Chicken
Meal Deal**

\$2.99



175g Chris Brother's
Pizza Variety Pack

FRESH. FRIENDLY. LOCAL



From the Sea

\$9.99
PER LB.
\$22.02/KG.



Previously Frozen
Halibut Steaks

\$3.99



200g Land & Sea
Fish & Brewis

\$4.99
PER LB.
\$11.00/KG.



Store Wrapped High Liner
Breaded Fish Cakes

\$7.99



1lb Comeau
Salt Cod Bits

FRESH. FRIENDLY. LOCAL



Fresh Produce

\$249



12oz Product of US
Baby Peeled Carrot

\$269
PER LB.
\$5.93/KG.



Product of US
Red Delicious Apples

\$129
PER LB.
\$2.84/KG.



Product of Canada
Medium Turnip

\$899
EACH



Product of Brazil
Honeydew Melon

\$399



3lb
Product of Canada
Carrots

\$899



908g Clamshell
Product of Greece
Kiwi Fruit

\$599



280g Product of US
Grape Tomatoes

99¢



Product of Spain
Lemons

\$129
BUNCH



Product of US
Green Onions

\$349
PER LB.
\$7.69/KG.



Product of US
Anjou Pears

\$149
PER LB.
\$3.28/KG.



Product of US
Spanish Onions

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Dairy

\$399



427-454g Becel Regular or Olive Oil
Margarine

\$477



650g Activa
Yogurt

\$399



168g Black Diamond
Cheestrings

\$488



410g Kraft Singles
Cheese Slices

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Frozen

2/\$4



250g Green Giant
Simply Steam
**Broccoli & Cauliflower
with Cheese**

\$544



20pk Cavendish Gold
Hashbrown Patties

\$588



620g Apple Valley
**Rhubarb Strawberry
or Cherry Baked Pie**

\$899



615g
Schneider's
Chicken Wings

\$1588



1.5kg Family Pack
Pogo Sticks

\$788



1.5kg McCain
Superfries

2/\$488



284g Furlani
Garlic Bread

\$488



269-306g
Selected Healthy Choice
Gourmet Steamers

FRESH. FRIENDLY. LOCAL



Bakery

\$2⁹⁹



3 Bun Homestyle
White Bread

**Baked
In-Store**

\$11⁹⁹



Instore Lemon Delight
Cake

**Baked
In-Store**

\$8²⁹



6pk Golden Crust Assorted
Danishes

\$3⁷⁹



6pk Golden Crust Assorted
Bagels

\$5¹⁹



15pk Golden Crust
Raspberry Filled Bits

\$5³⁹



6pk Golden Crust
NSA Plain or Raisin
Tea Buns

\$7⁷⁹



12pk Golden Crust
Variety Pack Cookies

\$2⁹⁹



8pk Golden Crust
Hotdog or Hamburger Buns

**Baked
In-Store**

**STARTING AT
\$6⁹⁹** Powell's Artisan
**Sourdough
Bread**



FRESH. FRIENDLY. LOCAL

\$

PRICES ARE IN EFFECT UNTIL JANUARY 29, 2025

Smart Shopper

2/\$4



75g Smucker's Pupperoni
Bacon

\$4⁹⁹



129g Black Diamond
Combos

\$3⁸⁸



354ml Heinz
Tartar Sauce

\$4⁴⁴



12x330ml Pure Life
Natural Spring Water

2/\$7



650g Cavendish
Hash Brown Sticks

\$4⁴⁴



110g Pam
Cooking Spray

\$4⁹⁹



850g Country Crock
Soft Margarine

\$4⁸⁸



900g Butcher Selections
Stampede Hotdog

\$3⁸⁸



340g Maple Leaf Klik or Kam
Luncheon Meat

\$3⁹⁹



7-10pk Carnation
Hot Chocolate Envelopes

\$2⁸⁸



166-240g Betty Crocker
Hamburger Helper

\$17⁹⁹



18x28g Sensible Portions
Veggie Straws

FRESH. FRIENDLY. LOCAL

Personal Care

\$2⁹⁹

250ml Scope
Mouthwash



\$6⁴⁴



24ct Aleve
Caplets

\$1⁶⁹



4.25g Blistex
Lip Balm

2/\$3



95ml Colgate
Toothpaste

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Refreshments & Snacks



12x500ml Pure Life Spring Water



168g Betty Crocker Dunkaroos



120-206g Quaker Granola Bars



170g Blue Diamond Almonds



3pk Orville Redenbacher Popcorn



503ml Sparkling Ice Beverage



90-120g Selected Hershey Family Size Bars



672-960g Old Dutch Variety Packs



120-142g Sensible Portions Veggie Straws



6x591ml G2 or Gatorade



150-154g Maynards Candy



150-205g SunChips or Smartfood Snacks

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Furry Friends



78g Meow Mix Cat Food



375g Pedigree Dog Food



170g Friskies Party Mix



210g Milk Bone Comfort Chews



1.42kg Meow Mix Dry Cat Food



12pk Cesar Club Pack Dog Food

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House and Home



680ml Mr Clean Cleaner



34ct Gain Fabric Softener Sheets



16ct Cascade Dishwasher Tabs Platinum Fresh



250g Febreze Air Freshener



650ml Shout Trigger



473ml Dawn Ultra Original Dish Liquid

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More Great Deals



475ml Kraft Miracle Whip



132g Et Tu Caesar Salad Kit



336-800g Nabisco Cream of Wheat



440ml Realemon or Realime



141g Pam Baking or Grilling Spray



6-10pk Dempster's 10" Tortillas



450g Christie Premium Plus Crackers



43-116g Idahoan Mashed Potatoes

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